

REVIVE A SUNNAH TODAY

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2. To build up many rewards. Whoever revives a Sunnah from my Sunnah and the people practice it, will have the same reward of those who practice it without their reward diminishing [Ibn Maajah]

Ahhhhh, big yawn?



- Resist yawning
- Cover your mouth with your hand
- Suppress your voice: don't yawn with a noise
- Teach your children this important etiquette from young to gain ongoing rewards for

**Taking your shoes off?
To the left!**



The Prophet salallahu 'alayhi wasallam said: "If one of you puts on shoes, let him begin with the right. And when he takes it off, let him begin with the left. And let him put them both on or let him take them off both". [Saheehayn]

I go shopping and I say...



There is none worthy of worship in truth except Allah alone. He has no partners. He has the dominion and for him is all the praise. He gives life and he takes life and he is the ever living and does not die, in his hand is goodness and he is capable of all things

Knock, knock, knock.



The Prophet salallahu 'alayhi wasallam said: "Seeking permission is three times. If you are given permission then you can, otherwise return". [Muslim]

Put that barrier down!



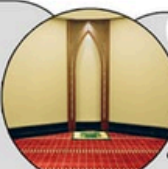
The Prophet salallahu 'alayhi wa sallam said: If any of you places something in front of him, [at least] equal [in height] to the back of a saddle, he should pray without caring who passes [in front of him] on the other [opposite] side of it. [Muslim]

Take a break in salah!



-Add in a pause after coming up from rukool
-Say: Rabbighfirlee, Rabbighfirlee (O Lord forgive me x2) when you pause between two prostrations

**Whispers in prayer,
attack back!**



The Messenger of Allah said: "That is a devil called Khinzab. If you feel that, then seek refuge with Allah from him (e.g 'aoodhu billaahi minash-shaytaanir rajeem) and spit dryly to your left three times. He said: I did that and Allah took him away from me." [Muslim]

**Undressing?
Say bismillah!**



The Prophet salallahu 'alayhi wa sallam said: "To put a barrier that will prevent the jinn from seeing the 'awrah of the sons of Adam, let any one of you say 'Bismillah' when entering the toilet". [At-Tirmidhee]

**Had milk?
Pass me some water, please!**



The Prophet drank some milk then called for some water. Once he got the water he rinsed his mouth then said, "It has fat." [Al-Bukharee, Muslim]

**Just woke up?
Clear that nose!**



The Prophet salallahu 'alayhi wasallam said: When one of you wakes up from his sleep, he must blow of his nose three times, for the shaytan spends the night inside one's nostrils [Al-Bukhaaree, Muslim]

Don't drink like a camel!



The Prophet salallahu 'alayhi wa sallam said: "Do not drink in one breath just as the camel does. Rather, drink twice and thrice, and mention (Allah's) Name before drinking and thank (Him) upon finishing". [At-Tirmidhee]

Dust off that bed!



The Prophet salallahu 'alayhi wa sallam said: When any one of you goes to bed, let him clear his bed by hitting it with his garment, for he does not know what may have come onto it. Then let him lie down on his right side...

Don't say yuk!



It is narrated on the authority of Abu Hurayrah radiyallahu 'anhu that he said the Messenger of Allah sallallahu 'alayhi wa salam did not ever criticize food. If he liked it, he ate it and if he disliked it, he left it. [Al-Bukharee]

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Reciting one AYAH



The Messenger of Allah sal Allahu alayhi wa sallam said: *Whoever recites ayat ul-Kursi immediately after each prescribed prayer, there will be nothing standing between him and his entering Paradise except death.* [An-Nasaa'i, Ibn Hibbaan]

Move it ...after prayer!



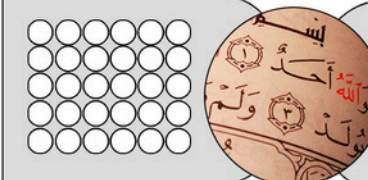
The Prophet ordered us to separate between prayers. One prayer mustn't be joined with another until you speak or exit [Muslim]. Ibn Taymiyyah said: *he (sallallahu alayhi wa sallam) prohibited that any [obligatory] salah be followed immediately by [optional] one; one should separate between them with speech or changing one's place.*

THE DHIKR



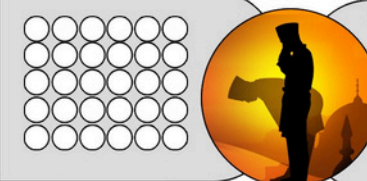
The Prophet said: *There are two qualities, no Muslim man acquires them but he will enter Paradise, and they are simple and easy. He should glorify Allaah (subhanAllah) ten times immediately after each prayer, and praise Him (alhamdulillah) ten times and magnify Him (Allahu akbar) ten times.* [At-Tirmidhee, 3332]

READ AND RISE



Abu Hurayrah reported that the prophet recited in the two sunnah rak'ah of the faji prayer Surah Al Kafiroon (in the first rak'ah), and Surah Al Ikhlaoos (in the second rak'ah) [Muslim]. And narrated Abdullah Ibn Mas'ud (radiyallahu anhu): I cannot count how many times I heard the Messenger of Allah recite, in the two rak'ah after maghrib and in the two rak'ah before fajr Say: O disbelievers, (Surah al Kafiroon) and Say: He is Allah, the One! (Surah al Ikhlaoos). [Ibn Majah, At-Tirmidhee]

After ruku'



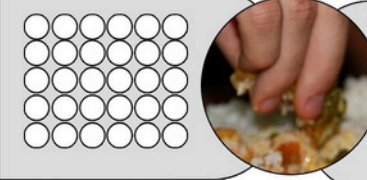
Say 'sami Allahu leman hamidah' – Allah hears the one who praises Him. Rabbanaa wa lakal hamd, hamdan katheeran tayyiban mubaarakan feeh -Our Lord, all praise is due only to You, praise which is abundant, excellent and blessed. Say this to make the angels race!

SAY SALAAM when you come home!



Anas ibn Maalik radiyallahu anhu said: The Messenger of Allah salallahu alayhi wa sallam said to me: *O my son, when you enter upon your family and say salaam, it will be a blessing for you and the members of your household.* [At-Tirmidhee, declared hasan by shaykh al-Albani]

LICK those fingers!



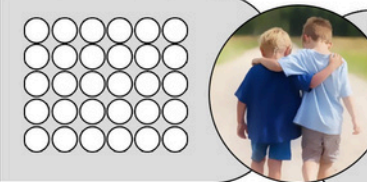
The Prophet commanded people to lick their fingers and clean the plate, saying: *"You do not know where the blessing lies".* [Muslim] In one variant: *"When one of you drops a morsel of food, he should pick it up, remove any dirt on it and then eat it, not leaving it for Shaytan. He should not wipe his hand with a cloth until he has licked his fingers. He does not know in which part of his food the blessing lies."*

SHAKE, SHAKE..HANDS!



The Prophet salallahu 'alayhi wa sallam said: *"There are no two Muslims who meet and shake hands with one another, but they will be forgiven before they part [Abu Dawood] and... their sins will fall like the leaves of a tree"* [At-Tabarani]

LOVE For the sake of Allah!



The Prophet s said: *If any of you loves his brother then he should inform him [At-Tirmidhee] Uhibbuka fil-laahi (or to a female: uhibbuki fil-laahi), "I love you for the sake of Allah". And if someone tells you, respond with Ahabbak-illadhee ahabbatanee lah (for a male) Ahabakk-illadhee ahabbatanee lah (for a female), may the One for whom you have loved me love you, in return. [Abu Dawood]*

What do you say when you trip? Bismillah!



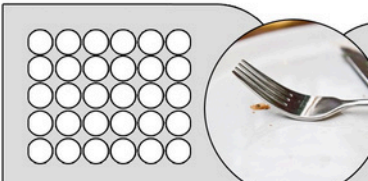
Abu Al-Malih narrated that a man said: *I was riding behind the Prophet sallahu alayhi wa sallam and his mount stumbled. I said: May the shaytan perish! The Prophet said: Do not say: May the shaytan perish, because when you say that he swells up so much that he becomes like a house and says: By my power. Rather say: bismillah, for if you say that the shaytan shrinks until he becomes like a fly.* [Abu Dawud, Ahmad]

Clean those teeth and please Allah!



The Prophet salallahu 'alayhi wa sallam said: *Siwaak cleanses the mouth and pleases the Lord.* [Al-Bukhaari] *And: Were it not for the fact that I did not want to make things too hard for my ummah, I would have commanded them to use the Siwaak at every time of prayer.* [Al-Bukhaari]

Eat, SUPPLICATE, and get your sins forgiven!



The Prophet, salallahu 'alayhi wa sallam, said: *"He who has taken food and says at the end: Alhamdu lillahi-lladhee at'amani haadha, wa razaqneehi min ghairi hawli minnee wa laa quwwah— All praise is due to Allah Who has given me food to eat and provided it without any endeavour on my part or any power— all his past sins will be forgiven."* [At-Tirmidhee]

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Seek Refuge After a Bad Dream




If any one of you sees a dream that he dislikes, let him spit to his left three times, and seek refuge with Allah from the shaytan three times, and turn over from the side on which he was sleeping. [Muslim, 5864]

GAIN REWARDS BY PRAYING FOR THE PROPHET ON FRIDAY!



Frequently send salutations to me on Friday during the day and night. Whoever sends one salutation to me, Allah will send ten to him." [Al-Bayhaqi, graded hasan by Al-Albani in Saheehah 1407]

I WAKE AT NIGHT AND SAY...



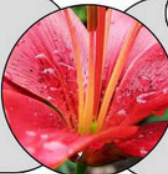
There is none worth of worship but Allah alone, Who has no partner, His is the dominion and to Him belongs all praise, and He is able to do all things. Glory is to Allah. Praise is to Allah. There is none worth of worship but Allah, Allah is the Most Great. There is no might and no power except by Allah's leave, the Exalted, the Mighty, My Lord, forgive me. That whoever says this upon waking will be forgiven, and if he supplicates Allah, his prayer will be answered; if he performs ablution and prays, his prayer will be accepted. [Al-Bukhari, Ibn Majah]

Make this powerful statement of appreciation!



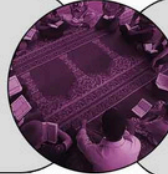
"Whoever has had something nice done for him and then says to his companion, 'Jazaak Allaahu khayran then he has surely excelled in praising (him).'" [Sunan At-Tirmidhee, classified saheeh by Al-Albani]

PROTECT FROM THE EVIL EYE BY PRAYING FOR BLESSINGS!



"Whoever among you sees something in himself or in his possessions or in his brother that he likes, let him pray for blessing for it, because the evil eye is real." [Ibn al-Sunni, al-Haakim]

MEET and...SUPPLICATE!




Whoever sits in a gathering which indulges in useless talk and before getting up supplicates: Subhanaka Allahumma wa bismidkika, ash-hadu an la ilaaha illa anta, astaghfiruka wa atoobu ilaik - Glory be to you, O Allah, praise be to you. I testify that none has the right to be worshiped but you, I seek Your forgiveness and turn to You- he will be forgiven for (the sins he may have intentionally or unintentionally committed) in that assembly. [At-Tirmidhee]

Feeling ill? Recite Surah Al-Falaq and Surah An-Naas!



'Aisha (may Allah be pleased with her) said: In his last illness, the Prophet (peace be upon him) used to blow breath (into his cupped hands) and recite Al-Mu'awwidhatayn (Surahs Al-Falaq and An-Naas) and then wipe over his body. But when his illness aggravated, I used to recite them over him and pass his own hand over his body for its blessing. [Al-Bukhaari, Muslim]

Leaving each other? Recite surah al 'Asr!




On the authority of Abee Madeenah Ad-Daramee: When two companions of the Prophet met they wouldn't part company until one of them recited surah al 'Asr to the other. After doing so one of them of them would say as-salamu alaykum to the other. [At-Tabarani, Awsot 5124. Graded authentic by Al-Albani]

SAY 'Assalamu alaikum' to Friends... and Strangers!




A man asked the Messenger of Allah salallahu alayhi wa sallam: "What is the best thing in Islam?" He said: "Feeding others and giving the greeting of salaam to those whom you know and those whom you do not know." [Al-Bukhaari, Muslim and others]

Surprised? Say SubhanAllah!



When you are surprised or feel startled, say: SubhanAllah! (Glory is to Allah). [Al-Bukhari, cf. Al-Asqalani, Fathul-Bari 1/210, 390, 414, Muslim 4/1857]

Supplicate for someone... without them knowing!



"The supplication of a Muslim for his brother in his absence will certainly be answered. Every time he makes a supplication for good for his brother, the angel appointed for this particular task says: 'Ameen! May it be for you too!'" [Muslim].

Have you insulted people? Supplicate for them!



When was the last time you spoke ill of people behind their backs, even if it was true? Do you ever think about the consequences for yourself and your Hereafter? The Prophet salallahu alayhi wa sallam has given you a dua to make for someone you've insulted: O Allah! If I should ever abuse a believer, please let that be a means of bringing him near to You on the Day of Resurrection. [Al-Bukhaari, Muslim]